



## PLAYING REGULATIONS: MEN'S HOCKEY

### 1. SPORT FORMAT

Canada West will follow the U SPORTS Playing Regulations. This document provides additional regulations that will also be followed or that may supersede a U SPORTS Playing Regulation.

### 2. TEAM COMPOSITION (Also refer to Policy 7 & 9 of Canada West Operations Manual)

#### 2.1. League Play

1. The home team shall be allowed to dress twenty (20) players; two (2) goaltenders and eighteen (18) skaters; for each game.
2. The visiting team shall be allowed to declare and dress twenty (20) players; two (2) goaltenders and eighteen (18) skaters, for each game.
3. The rosters are not frozen for a weekend series.
4. The minimum roster size is twelve (12) skaters and two (2) goaltenders.
5. A total of 26 individuals (20 participating athletes and 6 team personnel) will be allowed on the bench or team bench area. Note: A team may add one more additional team personnel if they are a student-trainer.

#### 2.2. Playoffs

1. Players who have used a year of eligibility during the regular season shall be allowed to play in the play-offs. Teams shall be allowed to dress eighteen (18) skaters and two (2) goaltenders for each game. Roster shall not be frozen.
2. In the event that one of the original two goaltenders is injured during a given series, a third goaltender may dress in the 2nd game, but not as the starter. As noted in the Canada West eligibility policy, the usual notification rule for eligibility purposes will be waived.
3. A total of 26 individuals (20 participating athletes and 6 team personnel) will be allowed on the bench or team bench area. Note: A team may add one more additional team personnel if they are a student-trainer.

### 3. LEAGUE / SEASON FORMAT (Also refer to Policy 8 of the Canada West Operations Manual)

- 3.1. Coaches must exchange line-up sheets with each other and their SID three hours prior to the start of the game. Visiting SID will forward the completed line-up sheets to the host SID. The host SID will provide 5 copies (where possible) of both

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team's line-up sheets to the opposing team, broadcast team and statisticians prior to the game. If printing is unavailable, host SID will email line-up sheets to all parties. At the start of the season, the Canada West Communications Director will email a standardize form for coaches to use.

- 3.2. After warm-up, the scorekeeper/timekeeper will provide the referees with the starters for both teams after the coaches have signed the game sheet. If, for whatever reason, the starting line-up needs to be changed after warm-up, the officials and the opposing coach needs to be aware of this change prior to the opening face-off. After the national anthem is completed, the linesmen will confirm the starting line-up, while on the ice. Should the opposition coach notice that a change has occurred, they will make the referee aware of the situation at the first stoppage. At that time a bench minor penalty will be issued, if it is confirmed that the starting line-up was not correct.
- 3.3. If a game ends in a tie after regulation time, then overtime will be a five-minute period of play with **3** players and a goalie per side (~~4-on-4~~) (**3 on 3**). ~~If still tied, teams will proceed to a five minute period of 3-on-3.~~ Teams will switch ends for overtime.
- 3.4. If neither team scores in the ~~two~~ five-minute overtime period, then 3-player shootout will take place. If it is tied after the 3-player shootout it will go to a sudden victory shootout. The home team will have the choice in the order of shooting. An ice clean of three (3) swipes shall take place between the 3 vs. 3 overtime period and the shootout. The entire game roster (all skaters) must first attempt the shootout before any player is allowed to shoot a second time. All players will be eligible except those serving misconducts at the end of regulation time. Goals scored in the shootout shall not be reflected in league statistics. Team will switch ends for the shootout.
- 3.5. After a tie game, one point shall be awarded to both teams. If one team scores in ~~4-on-4 or~~ 3-on-3, of overtime, they shall receive an additional point. The results will then show two (2) points awarded for an over-time win and one (1) point for an overtime loss.
- 3.6. Scoring for league standings:

Win = 2 points	Overtime Win = 2 points
Loss = 0 points	Overtime Loss = 1 point
- 3.7. Tie Breaking Procedures:

Final league standings, at the conclusion of league play, shall be based on each teams' points as per 3.6.

If two or more teams are tied in points then the following tie breaking criteria shall be used to break the tie. A win in regulation time and a win in overtime are treated

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as equal. A loss in regulation time and a loss in overtime are treated as equal.

1. Two teams tied:

The following shall determine the final league standings:

- a) The best win/loss record in head-to-head games between the two teams.
- b) If still tied, the number of wins in league play
- c) If still tied, the best goals for/goals against differential in league play.

2. Three or more teams tied:

If three or more teams are tied, the following steps shall be used to determine the rank order of the tied teams:

- a) The best win/loss record in head to head games between the three or more tied teams.
- b) If three or more teams are still tied, the highest number of wins in league play.
- c) If three or more teams are still tied, the best goals for/goals against differential in league play.

Note: Once a team is ranked so that it is no longer tied with any other team(s) at any one of these three steps, that team shall be ranked accordingly in the final standings. Any remaining tied teams shall then proceed to step 1 of the appropriate tiebreaker (depending on the number of teams still tied) to continue the process until all teams are ranked in the final standings.

## 4. PLAYOFF / CHAMPIONSHIP FORMAT (Also refer to Policy 8 of the Canada West Operations Manual)

4.1. Top six teams advancing to playoffs which consist of:

Round 1: Quarter-Finals (Best-of-three- series)

6 @ 3

5 @ 4

1<sup>st</sup> Place: Bye

2<sup>nd</sup> Place: Bye

Round 2: Semi-Finals (Best-of-three- series)

Quarter-Final winner with lowest point total @ No. 1

Quarter-Final winner with highest point total @ No. 2

Round 3: Canada West Final (Best-of-three- series)

Semi-Final winners @ highest remaining seed

4.2. The visiting team, for playoffs only, shall be designated as the home team for the second game of the three (3) game series for the purpose of lineup submissions. (i.e. they submit their lineup after the host team), line changes and face-off

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alignment only. The host team will remain the home team on the score sheet, scoreboard and in the choice of ends. For **2023-24, the home team wears white/light jerseys and the visiting team wears coloured/dark jerseys** and the teams switch colors for the second game to reflect home and away.

- 4.3. Playoff overtime. If the teams are tied after regulation, the teams will take the normal break, there will be a regular flood and sudden victory. A twenty (20) minutes period will be played until a goal is scored. If the teams are tied after the first period of overtime, the teams will take the normal break and there will be a regular flood followed by another A twenty (20) minutes sudden victory period. This process will be followed until a goal is scored.

## 5. UNIFORMS (Also refer to Policy 9 of Canada West Operations Manual)

- 5.1. The jersey protocol will be flipped every other year. Exceptions to the rule must be communicated to your opponent well in advance and mutually agreed upon if your team is wearing a "special" jersey/uniform that is directly related to a special promotion or theme for the game in question.

### **Rotation:**

2023-2024: home team - white/light jerseys, visiting team - colored/dark jerseys

**2024-2025: home team – colored/dark jerseys, visiting team – white/light jerseys**

- 5.2. Teams must ensure the placements of the Canada West logo on all team helmets. The logo must be in color, no smaller than 1.25 inches (height) by 2 inches (width) in size and adhered to the new Canada West Identity Guide. The placement of the logo must be consistent within the entire team (e.g.: all on the back right, or all on the back left).
- 5.3. All Canada West members are required to have the Canada West brand on all new uniforms, as per the specifications in the Canada West Brand ID Guide. The Canada West Office shall proof branding on uniforms to ensure guidelines are met.

## 6. RULES (Also see Appendix A)

- 6.1. OFFICIALS (on ice)
  1. The two referees will do a pregame handshake and introductions with the head coaches on the ice prior to puck drop.
  2. The Referee Assignor must communicate with the Referee-in-Chief (RIC) prior to the start of the season.
  3. The RIC shall meet with officials assigned to work university hockey games, to discuss rule interpretations and Canada West concerns.

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4. It will be the responsibility of the Canada West RIC to ensure that all officials receive updated Playing Regulations. See the Suspension Draft Chart (Appendix B).
5. The number of referees in each league member city to be designated to LiveStat shall be at the discretion of the Officials Coordinator, in consultation with the local Branch at the commencement of league play each year. These referees should normally be the only ones permitted to officiate during the course of league play.
6. Rates paid to game officials shall be negotiated by the RIC for Ice Hockey on behalf of the conference for league and playoff games. The RIC is to ensure that an acceptable fee standard is reached.

## 6.2. OFFICIALS (off ice)

1. Each Canada West school shall provide minor officials for each scheduled league and playoff game. The minor officials shall be:
  - a) Scorekeeper
  - b) Timekeeper
  - c) Public Address Announcer
  - ~~2 - Goal Judges~~
  - d) 2 - Penalty Box Attendants, if possible
2. For all league and playoff games, only the current Canada West approved score sheets and statistical sheets shall be used.
3. Scoresheets are to be properly completed prior, during and after the game as per Hockey Canada regulations. Copies are to be distributed to the appropriate parties.
4. Statistical Summary Sheets are to be properly completed and distributed to the appropriate parties at the end of the game.
5. The referee will write an incident report for any major or misconduct penalties called during the game. That report will be photographed or scanned by event staff and sent via email to both coaches and to the Canada West RIC immediately following the game.
6. For all non-conference and exhibition, game sheets need to be submitted by the host institution to the Canada West RIC within two (2) hour of the game finishing. If the host team is not a Canada West member, the visiting team (Canada West member) is responsible for submitting the game sheet within 16 hours of the conclusion of the game. Fines shall be assessed to offending Members for failure to adhere to the above requirement. Refer to the Association's Finance Policy for the complete list of fines.

## 6.3. EQUIPMENT

1. Internal Mouth Guards - must be worn as per Hockey Canada regulations. Failure to comply will result in the following penalties:
  - a) First offense - a warning will be issued to the team by the referee.
  - b) Continual or subsequent offenses in the game - will result in a 10-

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minute misconduct for each offense per U SPORTS and Hockey Canada regulations.

2. All teams shall have individual name bars on both home and away jerseys as of the first league game. Exceptions to the rule may be approved by the Canada West Office when the team is required to wear a "special" jersey/uniform that is directly related to a special promotion or theme for the game in question.

## 6.4. STOPPAGE OF PLAY

1. If there is an altercation on the ice, all players not directly involved must go immediately to their respective players' boxes.
2. If there is an altercation in the vicinity of the players' boxes, all players not directly involved must go immediately to their respective goal crease area.
3. Failure to comply with either 6.4.1 or 6.4.2 results in a minor penalty.
4. Following the stoppage of play, players must proceed to the ensuing face-off location.
5. Failure to comply with 6.4.4 results in a minor penalty for delay of game. Officials are encouraged to identify the offenders.

## 6.5. TEAM LEAVING THE ICE DURING COMPETITION

When a team leaves the ice prior to the completion of a game, in addition to penalties outlined in the Hockey Canada Rule Book, a written report by the Referee shall be submitted to the RIC and to both the Executive Director and President of Canada West.

## 7. AWARDS (Also refer to Policy 15 of the Canada West Operations Manual)

Teams competing in the Canada West Championship will be competing for the Dr. W. G. Hardy Trophy.

### 7.1. All Star Team Selection

1. Each coach, at the end of the league schedule, will nominate players from their own team whom they feel are of All-Star caliber. The maximum number of nominees from each team shall be six (6) composed of:
  - a) One Goaltender
  - b) Two Defencemen
  - c) Three Forwards
2. Each coach will prioritize their nominees.
3. These nominating ballots shall be sent to the Canada West RIC or designate, who places this information on a final voting ballot, and then forwards these final ballots to all the head coaches in the league either by e-mail or Fax.
4. The head coaches, in consultation with their assistant coaches, will then vote

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for an All- Opponents Team, rating each of their choices at the various positions as first, second, third, etc. There will only one ballot permitted from each of the head coaches of the participating universities.

5. The Canada West Office, upon completion of the final ballot tabulation, will send to the President of the Hockey Coaches' Association:
  - a) The results of the voting and the cumulative total for all nominees for ranking purposes
  - b) A copy of the final ballots submitted by each coach.
6. All ballots will be disclosed to all coaches by the RIC or designate upon completion of the final ballot tabulation.

## 7.2. Player of the Year

The Player of the Year shall be selected by votes by all head coaches in same format as that used for the All-Stars Team. The winner is the nominee for the Senator Joseph A. Sullivan Trophy, which is presented to the most outstanding player in U SPORTS.

## 7.3. Outstanding Defenseman (Mervyn "Red" Dutton Trophy)

The Outstanding Defenseman shall be selected by votes by all head coaches in same format as that used for the All-Stars Team. The winner is the nominee for the U SPORTS Defenseman of the Year award.

## 7.4. Goaltender of the Year shall be the person named to the 1<sup>st</sup> All-Star Team.

## 7.5. Rookie of the Year (U of A Hockey Alumni)

1. To be eligible players must be a maximum of twenty-one years as of September 1st and in their first year of eligibility.
2. Selection of Rookie of the Year shall be selected by votes by all head coaches in same format as that used for the All-Stars Team.
3. The winner is the nominee for the U SPORTS Rookie of the Year (Clare Drake Trophy)

## 7.6. All-Rookie Team

1. To be eligible, players must be a maximum of twenty-one years as of September 1st and in their first year of eligibility.
2. The All-Rookie Team shall be the Canada West nominees to U SPORTS, for consideration for the U SPORTS All-Canadian Rookie Team.
3. Selection of All Rookie Team shall be selected by votes by all head coaches in same format as that used for the All-Stars Team.

## 7.7. Sportsmanship & Athletic Ability (UBC Alumni Trophy)

1. Selection of the Sportsmanship & Athletic Ability award shall follow the same format as that used for the All-Star teams.
2. The winner is nominee for the U SPORTS Most Sportsmanlike Player of the Year - R.W. Pugh Award.

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### 7.8. Student Athlete Community Service Award

~~Selection of shall follow the Student Athlete Community Service Award same format as that used for the All Stars Team.~~

- 1. All coaches will be asked to nominate one player as their candidate for Student-Athlete Community Service Award using the nomination form circulated by the Canada West office.**
- 2. The recipient is a Canada West athlete who best exhibits outstanding achievements in three (3) areas: hockey, academics and community involvement.**
- 3. The CW Student-Athlete Community Service Award committee will review the nominees and make a selection based on the 3 areas of achievements.**
4. The winner is the nominee for the U SPORTS Student- Athlete Community Service (Randy Gregg Award)

7.9. Coach of the Year - Selection for Coach of the Year shall follow the same format as that used for the All- Stars.

7.10. Ties that occur in 7.1 to 7.8 shall be broken by head coaches who do not have players involved or are not part of the Coach of the Year tie.

7.11. Top Scorer (*Dave "Sweeney" Schriener Scoring Trophy*) is awarded each season to the scoring leader of the Canada West Hockey conference.

7.12. The Adam Kryczka Memorial Trophy is an annual award given to the goaltender(s) on the team with the fewest goals against during regular season play.

1. All goals against (GA) a team count in the determination of the award, including empty net goals.
2. If there is a tie in the fewest number of goals scored against a team, the tie will not be broken.

7.13. The Fair Play Trophy is awarded to the team with the fewest penalty minutes each year based upon league play.

7.14. The Canada West-Western Hockey League Graduate of the Month Award, donated by the WHL, shall be selected through a voting process by conference coaches as conducted by the Associate Director, Communications and Marketing. Nominations are to be received by the Associate Director, Communications and Marketing by 5:00 p.m. (Mountain) on the first Monday of each month unless noted in advance due to unusual scheduling circumstances. The list of prizes, subject to any change by the WHL, include a \$500 cheque towards the cost of education, a plaque, a letter from WHL Commissioner Ron Robison and a computer bag. Canada West will also honour recipient at a home game, with an invitation to appear on the WHL Radio Show.



7.15. Canada West award winners must be formally recognized at the Canada West Championship. It is at the discretion of the host whether the recognition is made at the competition itself or through some other ceremony/banquet, etc. held in conjunction with the Championship.

## 8. SPORT ADMINISTRATION (Also refer to Policy 9 of the Canada West Operations Manual)

### 8.1. HOSTING RESPONSIBILITIES

1. Practices shall commence at the discretion of the individual university.
2. Canada West requires the installation of Quick Release Goal Nets in all facilities used for interuniversity competition and/or practices.
3. Five (5) minutes prior to the start of the pre-game warm-up for all Canada West games, the timekeeper shall start the arena clock showing twenty-five (25) minutes. Pre-game warm-up will then commence with twenty (20) minutes showing on the clock and end at the buzzer.
4. The in-between period length for all league and playoff games is sixteen (16) minutes. The time is posted on the time clock at the end of the period. Any promotions taking place within the 16 minutes must not last more than five (5) minutes. The length of the break may be extended to 18 minutes for promotional purposes. The visiting team and officials must be advised prior to the start of the game.
5. Each host is permitted to include a one (1) minute promotional time-out after the stoppage in play nearest the 10-minute mark of each period. Regular time-outs will apply. Confirmation of their usage will be indicated twenty (20) minutes prior to game time.
6. The home team shall provide the visiting teams with the following items for each league and playoff game:
  - a) 30 Towels
  - b) 2 large jugs for water/Gatorade
  - c) Laundry service where possible
  - d) Skate sharpening service (where possible, for the second and third games of a weekend series only)
  - e) 2 bikes where possible
  - f) Cooler of Ice for medical purposes
7. Where possible, the home team shall provide the visiting team access to their dressing room 3 hours prior to the start of the game.
8. Where possible, the home team shall secure ice time for the visiting team on the Friday prior to a weekend series. Specific time and, if applicable, rates to be negotiated between the host and visiting team.

### 8.2. Referee-in-Chief

The RIC shall:

1. Work in liaison with the Hockey Canada, its Branch Offices, and the various Officials' Associations and the coaches to establish uniformity in officiating.
2. Supply to each participating institution, a Referee Report Card, to be completed regularly by each coach, and forwarded to the RIC at the end of the month.
3. Nominate 6 to 8 Referees for the U SPORTS Championships as per the U SPORTS Playing Regulations.
4. Be responsible for keeping a record of all accumulative penalties on each player and coach in Canada West and distributing them to each coach on a monthly basis.
  - a) Note: Deletion of 'accumulation from first conference game, etc.
5. Inform all coaches, Athletic Directors and the Canada West Office of any and all suspensions as they occur.

### 8.3. Coaches Committee Chair – Ian Herbers (Alberta) for the 2023-24 season.

## 9. MEDICAL SUPPORT SERVICES

Refer to Policy 14 of the Canada West Operations Manual for host and visiting team responsibilities.

## 10. GAME PROTESTS

Refer to Policy 10 of the Canada West Operations Manual for policy.

## 11. FILM EXCHANGE

Refer to Policy 11 of the Canada West Operations Manual for policy and timelines.

## 12. SUSPENSIONS AND REVIEW OF SUSPENDABLE CALLS

- 12.1. All suspensions resulting from play in conference games shall be served in conference games and all suspensions resulting from play in non-conference games shall be served in the next scheduled game.

The RIC has the discretionary power to cancel the automatic one game suspension for a Canada West player who has received a fighting major, but only when that Canada West player is involved in a fight against a non U SPORTS/ Canada West team. The suspension cancellation is not automatic and must be initiated and appealed by the Canada West coach to the RIC. The Canada West player will still receive the five-minute fighting penalty plus the Game Misconduct.

- 12.2. CW will review all major penalties that have automatic suspensions guidelines under the CW Women's Hockey Playing Regulations. The Major Penalty Video Review may be used to confirm or overturn the call on the ice so no additional suspension will be assessed.
  - Fighting
  - Checking from Behind

- Checking to the Head

This application would be for games played within the Canada West Conference. The review will only be for the penalized player/s listed on the game sheet and game report. If a team feels additional penalties should have been called that warranted suspension on the same play, the team will have to submit a supplemental discipline request.

- No additional suspensions will be handed out without the supplemental discipline request.
- No match penalty can be reviewed.
- The team of the penalized player must:
  - Send video to the RIC by 7 a.m. MST

### 12.3. SUSPENDED/EJECTED COACH OR PLAYER

1. **A suspended/ejected coach must adhere to the following (for non-conference, league, and playoffs):**
  - a) **Will not be permitted anywhere within the playing venue from one hour before until 30 minutes after their games.**
  - b) **Coaches ejected during a game are to leave the vicinity of the playing surface, dressing room and benches, and cease all engagement with any participants, including players, coaches, officials, spectators etc. until 30 minutes after the game concludes.**
    - **Note 1: Where a Team Official is ordered to the dressing room under this rule, it is sufficient that they are away from the Players' or Penalty Bench and are not directing or interacting with the teams in any manner and in no way interacting with or bothering the officials. Should the individual violate this rule, they will be penalized in accordance with Hockey Canada Rule 10.4 (f) – Leaving the Players' or Penalty Bench.**
      - **10.4 (f) A Gross Misconduct penalty will be assessed to any player or team official who, having been removed from the game due to a Game Ejection, Game Misconduct, Gross Misconduct, or Match penalty, returns to the ice surface or becomes involved with or disrupts the game in any way.**
  - c) **Coaches suspended for a game may not be within the vicinity of the playing surface, dressing rooms and benches as of 60 minutes prior to the game; during this time coaches may not have any interaction with the team, through technology or other means, until 30 minutes after the game has been completed.**
2. **A suspended/ejected player must adhere to the following (for non-conference, league, and playoffs):**
  - a) **Student athlete suspended can be in the venue and should be as close as possible to the team bench without being on the team bench.**
  - b) **Are not allowed within the field of play during competition.**

c) Student athletes suspended can join in the locker room only after the game is complete.

3. An athlete that acquires an in-season suspension is ineligible to compete in non-conference or exhibition games until the suspension is fulfilled during a conference game.

## 13. GENERAL MISCONDUCT AND DANGEROUS PLAY: (SERIOUS MISCONDUCT) IN COMPETITION

Refer to Canada West Operations Manual - Policy 6:

1. Section 1 for CODE OF CONDUCT EXPECTATIONS
2. Section 2 for GENERAL MISCONDUCT AND COMPLAINT PROCESS
3. Section 3 for FIELD OF PLAY: DANGEROUS PLAY (SERIOUS MISCONDUCT) IN COMPETITION

## 14. RESULTS, STATISTICS AND SCORESHEET MANAGEMENT

Refer to Policy 13 of the Canada West Operations Manual for regulations and procedures regarding statistical reports and results/scoresheet management.

## 15. APPENDICES

- A) Canada West Rules Update 2023-24
- B) Canada West Penalty and Sanction Chart

## Appendix A

### Canada West Men's Hockey Playing Regulations Update 2023-24

#### **1.1 – Replaces Hockey Canada Rule 3.2(c) Lost/Broken Stick**

**A goalkeeper may continue to play with a broken stick until a stoppage of play or until he has one legally handed to him by a teammate.** The teammate must hand the stick to him. He cannot throw it or slide it to the goalkeeper (this includes situations where the goalkeeper has lost his stick and a teammate is trying to return it him). For a violation of this rule, a minor penalty for throwing the stick shall be assessed to the offending player (no penalty to the goalkeeper for receiving the stick).

A goalkeeper whose stick is broken or illegal may not go to the players' bench for a replacement

but must receive his stick from a teammate. A goalkeeper may participate in the play using a skater's stick until such time as he is legally provided with a replacement goalkeeper's stick.

#### **1.2 – Replaces Hockey Canada Rule 3.6 Protective Equipment**

Should the helmet or visor of a player come off while play is in progress, such player shall replace the helmet or shall proceed to the players' bench for a substitution. If such player participates in the play in any manner without his helmet or visor, the player shall be assessed a minor penalty. The penalty shall be assessed for "playing without a helmet / visor".

#### CLARIFICATION

a. **If a player's chin strap comes undone during play but his helmet remains on his head, he CAN continue to play without being penalized and he must fasten his chin strap at the next stoppage of play.**

b. If a player's helmet comes completely off of his head, and the player puts it back on his head, in this situation he must now fasten the chin strap immediately before he can participate in play.

#### **1.3 – Replaces Hockey Canada Rules 4.3(b) 4.5(b) Bench Minor & Coincidental Minor Penalties**

A bench minor penalty involves the removal from the ice of one player of the team against which the penalty is assessed for a period of two (2) minutes. **Any player except a goalkeeper of the team may be designated to serve the penalty** by the Manager or Coach through the playing Captain and such player shall take his place on the penalty bench promptly and serve the penalty as if it was a minor penalty imposed upon him.

**There is NO such rule stating a Player from the Ice must serve a Bench Minor or Coincidental Minor for a Team mate. Any player can serve. The ONLY time this differs is when a Goaltender takes a penalty, a player from the ice MUST serve.**

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## 1.4 – Replaces Hockey Canada Rule 4.5(b)iv) Coincidental Minor Penalties

Team Captain will notify the referee of which time penalty will be served when a coincidental difference situation occurs.

## 1.5 – Replaces Hockey Canada Rule 4.5 Coincidental Minor Penalties

Adopt Hockey Canada Rule **4.6** Coincidental Minor Penalties – Remove Reference to rule 4.5b  
4.6 (a) When a single Minor penalty is assessed to a single player on each team during the same stoppage of play, those penalties will not be considered coincidental and will be served as time penalties. Both teams will play below full numerical strength for the duration of the penalties. Unless the offending players have been removed from the game, the penalized players will take their place on the Penalty Bench and remain there until the expiry of their penalty, at which time they will immediately return to the ice.

*Note 1: This rule applies only to situations where there is no differential in penalty time assessed to the offending players on each team. See 4.6 (b) – Coincidental Penalties for further clarification.*

*Note 2: This rule only applies where a single Minor penalty is assessed to a single player on each team. If multiple Minor penalties are assessed to a single player on each team or a single Minor penalty is assessed to multiple players on each team, these penalties will be considered coincidental and served in accordance with **1.3 and 1.4**.*

4.6 (b) In Junior A divisions, when coincidental Minor penalties are assessed to players on each team during the same stoppage of play, but there is a time differential in the penalties assessed, immediate substitutions will be made for the coincidental penalties. Unless the offending players have been removed from the game, the penalized players will take their place on the Penalty Bench and remain there until the first whistle following the expiry of their penalty. The time penalty that creates the differential will be served by a substitute from the offending team, as per **1.3**.

## 1.6 – Update Hockey Canada Rule 4.8B

A player will be assessed a Game Ejection penalty in the following circumstances:

i. When a player is assessed **FIVE** Minor penalties for “stick infractions” in the same game. For the purpose of this rule, “stick infractions” are Rule 9.1 -- Butt-Ending, Rule 9.2 – Cross-Checking, Rule 9.3 – Slashing, Rule 9.4 – Spearing, and Rule 9.5 -- High-sticking.

ii. When a player, in Minor or Female divisions, is assessed three Minor or double Minor penalties for Rule 7.6 – Head Contact in the same game.

Any player who is assessed a Game Ejection penalty will be removed from the game and ordered to the dressing room for the remainder of the game. No time will be recorded on the Official Game Report against the offending player for a Game Ejection penalty. A substitute for the penalized player will be permitted immediately.

## 1.7 – Update Hockey Canada Rule 4.11 – Penalty Shots

A Penalty Shot is a non-time penalty, which is awarded to the non-offending team, in lieu of a minor Penalty.

~~The coach/captain of the non-offending team may designate any player, other than the goaltender, to take the Penalty Shot. In the event that the coach/captain declines to select a player, the Referee will designate a player.~~

4.11 (b) Penalty shots will be conducted as follows:

- ~~ii. The Coach of the non-offending team may designate any player, other than the goaltender, to take the shot. This player may not begin the shot until the Referee blows their whistle.~~

**ADD** - In cases where a penalty shot has been awarded to a player specifically fouled, that player shall be designated by the Referee to take the penalty shot.

In all other cases where a penalty shot has been awarded, the penalty shot shall be taken by a player selected by the captain of the non-offending team from the players on the ice at the time when the foul was committed. Such selection shall be reported to the Referee and cannot be changed.

If by reason of injury, the player designated by the Referee to take the penalty shot is unable to do so within a reasonable time, the shot may be taken by a player selected by the Captain of the nonoffending team from the players on the ice when the foul was committed. Such selection shall be reported to the Referee and cannot be changed.

Should the player in respect to whom a penalty shot has been awarded himself commit a foul in connection with the same play or circumstances, either before or after the penalty shot has been awarded, be designated to take the shot, he shall first be permitted to do so before being sent to the penalty bench to serve the penalty except when such penalty is for a game misconduct or match penalty in which case the penalty shot shall be taken by a player selected by the Captain of the nonoffending team from the players on the ice at the time when the foul was committed.

## **1.8– Remove Hockey Canada Rule 6.2 (a,b,c,d) Face-off Conduct**

1. When the face-off takes place at any of the **nine** face-off spots, the players taking part shall take their position so that they will stand squarely facing their opponent's end of the rink, and clear of the ice markings (where applicable). The sticks of both players facing-off shall have the blade on the ice, within the designated white area. **At the eight face-off spots (excluding center ice face-off spot), the defending player shall place his stick within the designated white area first followed immediately by the attacking player. When the face-off is conducted at the center ice face-off spot, the visiting player shall place his stick on the ice first.**

2. **All face-offs must be conducted on one of the nine (9) face-off spots located on the rink.**
3. Both players facing-off are prohibited from batting the puck with their hand in an attempt to win the face-off. Any attempt by either center to win the face-off by batting the puck with their hand shall result in a minor penalty. This penalty shall be announced as “Minor Penalty for Delay of Game – Face-off Violation.” The two players involved in the actual face-off (the centers) are not permitted to play the puck with their hand without incurring a penalty under this rule until such time as a third player (from either team) has at least touched the puck.
4. When players are penalized at a stoppage of play so as to result in penalties being placed on two face-off spots in the offending team’s end zone. There are only three exceptions to this application:
  - (i) when a penalty is assessed after the scoring of a goal - face-off at center ice;
  - (ii) when a penalty is assessed at the end (or start) of a period - face-off at center ice;
  - (iii) when the defending team is penalized and the attacking players enter the attacking zone beyond the outer edge of the end zone face-off circle - face-off in the neutral zone
5. If a player other than the player taking the face-off moves into the face-off circle prior to the dropping of the puck, then the offending team’s player taking the face-off shall be ejected from the face-off circle. This shall be considered a face-off violation. Any remaining player other than the goaltender may take the face-off.

## **1.9 – Update Hockey Canada Rule 6.4 Face-off Locations**

**6.4 (a) Any stoppage of play occurring in the end-zone as the result of the puck going out of play or being unplayable will result in the ensuing face-off taking place in that end-zone, regardless of whether the defending or attacking team causes the stoppage.**

~~Note 1: Where a player of the defending team, excluding the goaltender, unintentionally shoots, bats, or throws the puck outside the playing surface, no penalty will be assessed but the defending team may not make a line change.~~

~~Note 2: Notwithstanding the above, Referees must still penalize any player of either team who deliberately shoots, bats, or throws the puck outside the playing surface, as per Rule 10.1 (ii) – Delay of Game.~~

**Add** - When any player shoots or bats (using his hand or his stick) the puck **directly** (non-deflected) out of the playing surface from his defending zone, except where there is no glass, a **penalty shall be assessed for delaying the game**. The determining factor shall be the position of the puck when it was shot or batted by the offending player. If contact with the puck occurs while the puck is inside the defending zone, and subsequently goes out of play, the minor penalty shall be assessed. When the puck is shot into the players’ bench, the penalty will not apply. When the puck is shot over the glass ‘behind’ the players’ bench, the penalty will be assessed. When the puck goes out of the playing area directly off a face-off, no penalty shall be assessed.



6.4 (b) Where a face-off is occurring in the end-zone, **following the calling of an icing or a time penalty**, the attacking (non-offending) team will have the authority to choose the face-off location.

**Add** – When puck is shot from Offensive teams' side of center and defensive goalie covers the puck, the defensive team is NOT permitted to change and the offensive team has the authority to choose the face-off location.

**ADD** – When the defending team **ACCIDENTALLY** knocks the net off, the defensive team is NOT permitted to change and the offensive team has the authority to choose the face-off location. The attacking team must indicate their desired face-off location to the Referee prior to the start of the line change procedure. If they fail to do so, then the face-off will take place at the location prescribed by Rule 6.3 – Face-off Location.

## **1.10 – Add Hockey Canada Rule 6.5 Face-off Violations**

6.5 (a) On a face-off following an icing, any face-off violation, including but not limited to late arrival, encroachment, or early movement, will result in a warning. The warning will be delivered by the Lineperson blowing their whistle and raising their arm in the air with their index finger extended, to indicate a violation has occurred and a warning has been issued.

6.5 (b) Any subsequent violation by the same team on the same stoppage of play will result in a minor penalty under Rule 10.1 (vii) – Delay of Game.

## **1.11 – Icing Using Hockey Canada Rules 6.7(d),(e)**

Hockey Canada 6.7(d) 'No-change on icing' rule.

i. A team that commits an icing violation will not be permitted to make any player substitutions prior to the ensuing face-off, with the following exceptions:

- (1) To replace a Goaltender that has been substituted for an extra attacker.
- (2) To replace an injured player.
- (3) When a penalty or penalties have been assessed to either team, a change of players will be permitted.

ii. The determination of players on the ice will be made when the puck leaves the offending player's stick.

iii. Either team is permitted to take their time-out, as per Rule 6.18 – Time of Game, following an icing, but during that time out, the team in violation of icing is permitted to make player substitutions. **Teams can apply the timeout option to change players in all other no-change situations.**

Hockey Canada 6.7 (e) 'Hybrid-Icing' rule.

When this rule has been adopted the following will apply:

- i. When there is no 'race' for the puck on an icing, icing will not be called until a Defending player (excluding the Goaltender) crosses the threshold of defending zone face-off spot(s) and the puck has completely crossed the goal line.
- ii. Should there be a 'race' for the puck during an icing, there are two (2) judgements a Linesperson must make when applying the 'hybrid-icing' rule.
  - (1) First, the Linesperson's must determine if the puck will in fact cross the goal line in the attacking zone. If it is determined that the puck will NOT cross the goal line then the icing will be waved off. However, if it is determined that the puck will cross the goal line the Linesperson should proceed to the second judgment for hybrid-icing.
  - (2) The Linesperson's second judgment is to determine whether a defending skater or attacking skater would be first to potentially touch the puck after crossing the goal line. This decision must be made no later than the instant the first of the players crosses the threshold of the end zone faceoff spot(s), although the decision may be made earlier. If a defending skater is determined to be the first player to potentially touch the puck, then hybrid-icing will be called and play should be stopped. If an Attacking skater is determined to be the first to potentially touch the puck, then hybrid icing will be waved off and play will continue.
- iii. Should the puck be shot or propelled in such a manner that it travels around the boards or bounces off the end zone boards (behind the goal line), the Linesperson must determine which player would be potentially first to touch the puck, under these new conditions. If the puck comes above the goal line, the Linesperson will not stop play unless a defending player is the first to actually touch the puck. If the attacking team is first to touch the puck, the icing will be waved off.
- iv. If a race for the puck is too close to determine which player would potentially touch the puck first, then hybrid-icing must be called. Linespersons must err on the side of player safety with close plays, in the favour of stopping play for icing.
- v. During a hybrid-icing situation where play has been stopped, there must be strict enforcement of rules regarding avoidable contact between players, leading up to or after the icing call has been made. Referees must penalize unnecessary contact.
- vi. If a Goaltender leaves their crease with both skates, moving in the direction of the puck, the Linesperson will wave off the hybrid-icing. However, if the Goaltender is out of the crease prior to icing being initiated (e.g. retrieving a stick or leaving for an extra attacker etc.) and the Goaltender skates back toward their crease, the hybrid-icing will remain in effect.

### **1.12 – Replaces Hockey Canada Rule 6.9 and Adopt Rule 6.10**

6.10 (d) When an attacking player causes the puck to enter the opponent's goal by contacting the puck above the height of the cross bar, either directly or deflected off any player, the goal will not be allowed. The determining factor is where the puck makes contact with the stick. ***If the puck makes contact with the stick at or below the level of the cross bar and enters the goal, the goal will be allowed.***

## **1.13 – Replaces Hockey Canada Rule 6.11(b) Kicking the puck**

### Interpretation Puck of Skate

1. Unless the puck is in the goal crease, a puck that enters the net off of a player's skate, whether a distinct kicking motion is used or not, shall be ruled as a legal goal. This will eliminate the need for a decision by the referee as to whether it was a distinct kicking motion or not.
2. An attacking player can kick or direct a puck into the net provided his skate is in close proximity to the ice (no higher than approximately 12"-14"), and the puck is contacted by the skate or leg, no higher than on the knee.
3. If the puck is in the goal crease, rules re: distinct kicking motion will remain in effect, as attacking players should not be in the crease and if they go into the crease after the puck has entered it, they should not be able to kick at the puck while the goaltender and / or other players may be down in the crease area.

## **1.14 – Replaces Hockey Canada Rule 6.12 Offside**

A player is on-side when either of his skates are in contact with the blue line, **or on his own side of the line, at the instant the puck completely crosses the leading edge of the blue line regardless of the position of his stick. On his own side of the line shall be defined by a "plane" of the blue line which shall extend from the leading edge of the blue line upwards.** If a player's skate has yet to break the "plane" prior to the puck completely crossing the leading edge, he is deemed to be on-side for the purpose of the off-side rule. On a delayed offside, players tagging up **MUST** touch the blue line **NOT** the "plane".

**Deflections / Rebounds** – When a defending player propels the puck out of his defending zone and the puck clearly rebounds off a defending player in the neutral zone back into the defending zone, all attacking players are eligible to play the puck. However, any action by an attacking player that causes a deflection/rebound off a defending player in the neutral zone back into the defending zone (i.e. stick check, body check, physical contact), a delayed off-side shall be signaled by the Linesman.

## **1.15 – Update Hockey Canada Rule 7.2 Boarding**

Penalty Options for Boarding are MINOR, **DOUBLE MINOR**, MAJOR and GM, OR MATCH

**ADD – Double Minor Penalty – If the opponent is injured on a check when the player is being penalized for boarding, either a double minor or major and game misconduct will be assessed. If the injury appears to be minimal in nature such as a nose bleed or visor cut, etc., a double minor will be assessed.**

## **1.16 – Update Hockey Canada rule 7.5 Checking from Behind**

Penalty Options for CFB are MINOR+10, **DOUBLE MINOR+10**, MAJOR+GM, OR MATCH

ADD – If injury occurs but appears to minimal in nature such as a nose bleed or visor cut, etc a **DOUBLE MINOR+10** may be assessed.

ADD – **Double Minor + Misconduct Penalty** – If a minor penalty for checking from behind is being assessed and on the play the opponent clearly turned at the last moment and as a result was injured from the check, a double minor + misconduct penalty shall be assessed.

## **1.17 – Update Rule Emphasis Hockey Canada Rule 7.7(a) Head Contact Minor and Minor+Misconduct**

There is no legal contact to the head, face, or neck. It is the players' responsibility to avoid making contact with an opponent's head, face, or neck, at all times. Referees may penalize contact to the head with a **Minimal degree of violence with a minor penalty for roughing, charging, or another appropriate penalty**. In Junior A and Senior divisions, this rule supersedes any other rules regarding contact to the head, with the exception of Rule 7.10 – Fighting.

7.7 (a) **A Minor penalty and a Misconduct penalty** for Head Contact will be assessed to any player who makes contact with an opponent's head with a **MODERATE** degree of violence.

## **1.18 Update Hockey Canada Rule 8.6 Tripping**

8.6 (a) A Minor penalty will be assessed to any player who trips an opposing player.

ADD – Interpretation – A minor penalty for tripping is still called when diving and contact with the puck is made first. – In instances where a penalty shot would be called, if the puck is touched first a minor penalty is called.

## **1.19 Addition to Serving Time Penalties**

Add - Last Five Minutes and Overtime - During the last five (5) minutes of regulation time, or at any time in overtime, when a minor penalty (or double-minor penalty) is assessed to one player of Team A, and a major (or match) penalty is assessed to one player of Team B at the same stoppage of play, the three minute (or one-minute) differential shall be served immediately as a major penalty. This is also applicable when coincidental penalties are negated, leaving the aforementioned examples. The differential will be recorded on the penalty clock as a three (3) minute or a one (1) minute penalty (as applicable), and served in the same manner as a major penalty. This rule shall be applied regardless as to the on-ice strength of the two teams at the time the above outlined penalties are assessed.

**APPENDIX B - Canada West Penalty and Sanction Chart**

# MEN'S HOCKEY REGULATIONS

Description	Rule	Sanction		
		1 <sup>st</sup> Offense	2 <sup>nd</sup> Offense	3 <sup>rd</sup> Offense
Instigator in a Fight	U SPORTS 6.4.1	2 games	Four games	Min. 8 games + Review
Aggressor in a Fight	U SPORTS 6.4.1	1 game	2 games	4 games
5 min fighting major	U SPORTS 6.4.2.1	Game misconduct plus 1 game	2 games	3 games
Player(s) identified as being involved in the 2 <sup>nd</sup> , 3 <sup>rd</sup> , or subsequent fight during the same stoppage of play	U SPORTS 6.4.2.2	2 games	3 games	Min. 4 games + review
Player(s) 3 <sup>rd</sup> , 4 <sup>th</sup> , 5 <sup>th</sup> etc. into a fight	U SPORTS 6.4.2.3	2 games	3 games	Min. 4 games + review
Players' leaving the bench or penalty bench during a fight or for the purpose of starting a fight	U SPORTS 6.4.2.4	2 games	3 games	Min. 4 games + review
Verbal abuse of a game official	U SPORTS 6.4.2.5	1 game	3 games	Suspended Indefinitely
Checking from Behind (minor)	U SPORTS 6.4.2.6	Zero games	Zero games	1 game
Checking from Behind (major)	U SPORTS 6.4.2.7	1 game	2 games	Suspended Indefinitely
Checking to the Head (major)	U SPORTS 6.4.2.8	1 game	2 games	Suspended Indefinitely
Gross Misconduct Penalties	U SPORTS 6.4.3	Minimum 2 games	*see note	
Hair pulling or spitting	U SPORTS 6.4.4.1	Minimum 2 games + Review	Suspended Indefinitely	
Butt ending, head butting or grabbing facemask	U SPORTS 6.4.4.2	Minimum 3 games + Review	Suspended Indefinitely	
Spearing, kicking or stick swinging	U SPORTS 6.4.4.3	Minimum 3 games + Review	Suspended Indefinitely	
Deliberate attempt to injure	U SPORTS 6.4.4.4	Minimum 4 games + review	Suspended Indefinitely	
Stick related penalties	U SPORTS 6.7.2	Game ejection for 3 stick infractions in the same game	1 game	Suspended Indefinitely

\*A second gross misconduct assessed to the same player in the same season results in a minimum of a one-season suspension including play-offs, plus review by the Association President or designate prior to reinstatement.  
**Any match penalty not covered in U SPORTS Policy 6.4.4 – 2 game suspension and automatic review**