



# Junior Clinic Lesson Plan – 1 Day Clinic

(Officials skating Novice, Atom, Pee wee, Bantam\*no checking)

Time	Topic	Discussion Points
8:15 (30 min)	Introduction, Registration & Supplies	<ul style="list-style-type: none"> <li>• Goals of Clinic:               <ol style="list-style-type: none"> <li>1. Fair</li> <li>2. Safe</li> <li>3. Make the Call</li> </ol> </li> <li>• Intro of instructors and class</li> </ul>
8:45 (15 min)	Review Region Information	<ul style="list-style-type: none"> <li>• Executive information</li> <li>• Assigning – declines, trades, availability, getting paid</li> <li>• Fees and pay rates</li> <li>• Review Region website</li> <li>• Supervisions</li> <li>• Reclassifications of levels</li> </ul>
9:00 (30 min)	New Policies & Rules (if applicable)	<ul style="list-style-type: none"> <li>• Criminal Record Check</li> <li>• <b>2018 2020 Rule Updates Module</b></li> <li>• <b>Novice Half-Ice Module</b></li> </ul>
9:30 (30 min)	Module A - Qualities of an Official	<ul style="list-style-type: none"> <li>• Hockey Alberta expectations</li> <li>• Qualities of a good official</li> </ul>
10:00 (15 min)	<b>BREAK</b>	
10:15 (30 min)	Module B - Penalties	<ul style="list-style-type: none"> <li>• Classes of Penalties</li> <li>• Penalty Time</li> <li>• Signals</li> <li>• Stick Infractions</li> </ul>
10:45 (30 min)	Module C – Cancelling Penalties	<ul style="list-style-type: none"> <li>• Coincidental Penalties</li> <li>• MOTO</li> <li>• Cancelling Penalties</li> </ul>



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11:15 (45 min)	Module D – Basic Procedures	<ul style="list-style-type: none"> <li>• 2-Official System Specifics (armband)</li> <li>• Face-Off Locations</li> <li>• Face-off Positioning (2-and 3-Official Systems)</li> <li>• Line Change Procedure</li> <li>• Picking Up the Puck</li> <li>• End Zone Positioning &amp; Maneuvers</li> <li>• Penalty Procedure</li> </ul>
12:00 (1 hour)	<b>LUNCH</b>	
1:00 (30 min)	Module E Part 1 – Specific Procedures	<ul style="list-style-type: none"> <li>• Icing the Puck</li> <li>• When a Goal is Scored</li> </ul>
1:30 (30 min)	Module E Part 2 – Specific Procedures	<ul style="list-style-type: none"> <li>• Off-side Procedure</li> <li>• Off-side Positioning</li> </ul>
2:00 (15 min)	Module F – Face-off Locations	<ul style="list-style-type: none"> <li>• Various puck out of play scenarios</li> </ul>
2:15 (15 min)	<b>BREAK</b>	
2:30 (30 min)	<b>Senior</b> Module D – Report Writing	<ul style="list-style-type: none"> <li>• When to write a game report</li> <li>• How to write a game report</li> </ul>
3:00 (30 min)	<b>Senior</b> Module E – Match on Official	<ul style="list-style-type: none"> <li>• When to call a Match on Official</li> <li>• How to call a Match on Official</li> <li>• The process</li> </ul>
3:15 (15 min)	Module G – Things to Remember	<ul style="list-style-type: none"> <li>• Change Room Etiquette</li> <li>• Supervisions</li> <li>• Things to remember before, during and after the game</li> <li>• Be Professional</li> </ul>
3:30 (30 min)	Review/Optional Module(s)	<ul style="list-style-type: none"> <li>• <b>Senior</b> Module F – Body Checking vs. Body Contact</li> </ul>
4:00 (1 hour)	Exam	
5:00 (15 min)	Finalize Registration/Wrap Up	